

List No. 1338
L201
Cat. A426
5A044



B-Complex



WITH VITAMIN C

DIETARY SUPPLEMENT
100 CAPLETS

**Helps Convert Food
Into Cellular Energy[†]**

**† This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.**

B vitamins help convert food into cellular energy.[†] Addition of vitamin C – an antioxidant – helps support the immune system and helps the body absorb iron.[†]

No Color Added • No Artificial Flavors • No Preservatives

No Yeast or Starch • Gluten Free

SUGGESTED USE: Take one caplet daily, with a meal. For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children. **Do not use if imprinted seal under cap is broken or missing.**

Supplement Facts

Serving Size 1 Caplet

Amount Per Caplet	% Daily Value
Vitamin C (as Ascorbic Acid) 300 mg	500%
Thiamin (as Thiamin Mononitrate) 15 mg	1000%
Riboflavin 10.2 mg	600%
Niacin (as Niacinamide) 50 mg	250%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 5 mg	250%
Pantothenic Acid (as d-Calcium Pantothenate) 10 mg	100%

OTHER INGREDIENTS: Cellulose Gel, Hypromellose, Croscarmellose Sodium, Magnesium Stearate, Polyethylene Glycol.

Distributed by: **Nature Made Nutritional Products**

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USP sets official standards for dietary supplements. See: www.uspverified.org

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Lot.:
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