

PLANETARY®
HERBALS

FULL SPECTRUM™
FENUGREEK

HELPS MAINTAIN HEALTHY BLOOD SUGAR LEVELS
WHEN USED AS PART OF YOUR DIET*

600 MG • 60 TABLETS

HERBAL SUPPLEMENT

Approved by
Michael Tierra L.Ac, O.M.D

Michael Tierra

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	
Fenugreek Seed Extract	400 mg†
Fenugreek Seed	200 mg†

†Daily Value not established.

Other ingredients: microcrystalline cellulose, sorbitol, modified cellulose gum, stearic acid, and silica.

Suggested Use: 1 tablet daily with a meal.

CAUTION: If you are pregnant, may become pregnant, breastfeeding, or diabetic, consult your health care professional before using this product.

STORE IN A COOL, DRY PLACE.

FULL SPECTRUM™ FENUGREEK combines a traditional fenugreek seed powder with a fenugreek seed extract rich in galactomannan fibers. Research suggests that fenugreek helps support healthy blood sugar and insulin levels when used as part of your diet.*

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
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PF0527
REV D121

