

#1 PHARMACIST
RECOMMENDED*

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List No. 1328
PEL201
Cat. A419
5A009

Nature Made Fish Oil
supply comes from wild
caught ocean fish, not
farm raised fish.

*State-of-the-art
purification processes
are used to remove
PCBs, dioxins and
furans, and mercury to
ensure purity levels
below 0.09 ppm, 2 ppt
WHO TEQs, and 0.1 ppm


Nature Made

Fish Oil

1200 mg
360 mg OMEGA-3



**PURIFIED TO
REMOVE MERCURY†**

DIETARY SUPPLEMENT
100 SOFTGELS

**Helps Support a
Healthy Heart†**

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat, saturated fat and cholesterol content).

No Color Added • No Artificial Flavors • No Yeast or Starch • Gluten Free

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 50

Amount Per Serving	% Daily Value
Calories 35	
Total Fat 3 g	4%**
Saturated Fat 1 g	5%**
Polyunsaturated Fat 1 g	
Monounsaturated Fat 0.5 g	
Cholesterol 25 mg	8%**
Total Carbohydrate 1 g	< 1%**
Protein less than 1 g	
Fish Oil 2400 mg	*
Total Omega-3 Fatty Acids 720 mg	*
Omega-3 EPA (Eicosapentaenoic Acid) 360 mg	*
Omega-3 DHA (Docosahexaenoic Acid) 240 mg	*
Omega-3 Other 120 mg	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

Fish Oil Country of Origin is Peru.

Encapsulated and quality tested in the U.S.A.

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

† Based on Pharmacy Times Survey of pharmacists recommending Omega-3/Fish Oil Supplements.

SUGGESTED USE: Take 2 softgels daily
with a meal. For easier swallowing, take
with water before and during ingestion.

Keep bottle tightly closed. Store in a cool,
dry place, out of reach of children.

**Do not use if imprinted seal under cap is
broken or missing.**

CAUTION: If you are pregnant or nursing,
taking medication, facing surgery, have
bleeding problems, or undergoing any other
treatment which may affect the ability of
blood to clot, consult your physician before
taking this product.

OTHER INGREDIENTS: Gelatin, Glycerin,
Water, Tocopherols.

Contains: Fish (Mackerel, Anchovy,
Menhaden, Herring, Sardine).

Distributed by:

Nature Made Nutritional Products,
Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878

www.NatureMade.com

Lot:
Exp: