

#1 PHARMACIST
RECOMMENDED*

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NatureMade

B₁₂

VITAMIN **500 mcg**



DIETARY SUPPLEMENT
100 TABLETS

**Supports Cellular
Energy Production
in the Body†**

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

SUPPORTS CELLULAR ENERGY PRODUCTION IN THE BODY.†

Vitamin B₁₂ is important for the metabolic pathways that release cellular energy from fat and protein.†

No Color Added • No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin B ₁₂ (as Cyanocobalamin) 500 mcg	8333%
Calcium (as Calcium Carbonate and Dibasic Calcium Phosphate) 79 mg	8%

SUGGESTED USE: Take one tablet daily with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

OTHER INGREDIENTS: Cellulose Gel, Maltodextrin, Croscarmellose Sodium, Magnesium Stearate.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org.

†Based on Pharmacy Times Survey of pharmacists recommending Letter Vitamin Supplements.

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List No. 1290 L200 Cat. 573 5A002

Lot.:
Exp.: