

#1 PHARMACIST  
RECOMMENDED†

#1 PHARMACIST  
RECOMMENDED†

**Nature Made**

**B<sub>6</sub>**

VITAMIN **100 mg**



Essential for  
Carbohydrate, Protein  
and Amino Acid  
Metabolism†

DIETARY SUPPLEMENT  
**100 TABLETS**

†This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

Essential for Carbohydrate, Protein and Amino Acid Metabolism - Vitamin B<sub>6</sub> plays a role in converting food into cellular energy.<sup>†</sup> It is also essential in red blood cell formation.<sup>†</sup>

No Color Added • No Artificial Flavors • No Preservatives • No Yeast • Gluten Free

**SUGGESTED USE:** For adults, take one tablet daily with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

**CAUTION:** Consult a physician before use if you are taking any prescription medications, including anticonvulsants.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin B <sub>6</sub> (as Pyridoxine Hydrochloride) 100 mg	5882%
Calcium (as Calcium Carbonate) 30 mg	2%

**OTHER INGREDIENTS:** Cellulose Gel, Croscarmellose Sodium, Hypromellose, Maltodextrin, Magnesium Stearate.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A. 1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. [www.uspverified.org](http://www.uspverified.org)

†Based on Pharmacy Times Survey of pharmacists recommending Letter Vitamin Supplements.

†These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

List No. 1285 L201 Cat. 564 5A002

Lot.:  
Exp.:

