

#1 PHARMACIST
RECOMMENDED*

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List No. 1274

L200

Cat. 348

5A004

Nature Made

Folic Acid

400 mcg



DIETARY SUPPLEMENT
250 TABLETS

**Important B Vitamin
for Women of
Childbearing Age**

IMPORTANT B VITAMIN FOR WOMEN OF CHILDBEARING AGE AND PREGNANT WOMEN – Plays a critical role in the proper development of the baby's nervous system.[†]

Adequate folic acid in healthful diets may reduce a woman's risk of having a child with a neural tube defect.

No Color Added • No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free

SUGGESTED USE: Take one tablet daily with a meal. For easier swallowing, take with water before and during ingestion.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Folic Acid 400 mcg	100%
Calcium 74 mg (as Calcium Carbonate and Dibasic Calcium Phosphate)	7%

Keep bottle tightly closed.

Store in a cool, dry place,
out of reach of children.

**Do not use if imprinted seal
under cap is broken or missing.**

CAUTION: Consult a physician
before use if you are taking any
prescription medications,
including anticonvulsants.

OTHER INGREDIENTS: Cellulose Gel, Croscarmellose Sodium, Maltodextrin,
Magnesium Stearate.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A. 1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

[†]Based on Pharmacy Times survey.

**[†]This statement has not been evaluated by the Food and Drug Administration. This product is
not intended to diagnose, treat, cure or prevent any disease.**

Lot.:
Exp.: