

List No. 1269
L200
Cat. A806
5A004



Magnesium

250 mg

DIETARY
SUPPLEMENT
100 TABLETS

Helps Support
Nerve, Muscle &
Heart Function[†]

[†]This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

HELPS SUPPORT NERVE, MUSCLE & HEART FUNCTION[†] – Magnesium also supports healthy bones and teeth, and is essential in converting food into cellular energy.[†]

Color Derived from Natural Source – No Synthetic Dyes

No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free

SUGGESTED USE: Take one tablet daily with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Magnesium (as Magnesium Oxide)	250 mg 63%

Do not use if imprinted seal under cap is broken or missing.

CAUTION: Consult a physician before use, if you have kidney disease or if you are taking prescription medications.

OTHER INGREDIENTS: Cellulose Gel, Croscarmellose Sodium, Stearic Acid, Hypromellose, Magnesium Stearate, Silicon Dioxide, Color Added, Polyethylene Glycol, Triethyl Citrate, Polysorbate 80.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A. **1-800-276-2878 • www.NatureMade.com**

Magnesium tablets are made to Nature Made's guaranteed purity and potency standards.

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Lot.:
Exp.: