

Glutamine is the most abundant “free” form amino acid in the body, and is concentrated in muscle tissue. As an amino acid, it supports the formation and maintenance of all cells in the body including muscle, intestinal and immune cells.**

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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| YES NON-GMO | NO YEAST, CORN OR WHEAT |
| YES CERTIFIED GLUTEN-FREE BY GFCO.ORG | NO SOY, MILK, SALT OR SUGAR |
| YES CERTIFIED VEGAN BY THE AVA | NO PRESERVATIVES |
| YES RECYCLABLE PACKAGING | NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS |
| YES MANUFACTURING SUPPORTS WIND POWER | NO MAGNESIUM STEARATE |
| YES KOSHER-PARVE | |

A pharmaceutical-grade amino acid powder tested for purity as per pharmaceutical standards.

Contents packaged by weight not volume. Some settling may occur.

This product has been manufactured at a GMP Registered facility.

ΔBased on SPINSScan Natural for Iron-Tek® 52 Weeks ending 10/8/17.



Lot No:

Best by:



GLUTAMINE PURE POWDER

5,000 mg (5 g) per serving
Certified Gluten-Free

- Pharmaceutical grade amino acid powder
- Supports muscle tissue**
- Supports intestinal and immune cells**



Directions: Adults, mix one (1) level teaspoon (5 g) with 3/4 - 1 cup (6 - 8 fl. oz.)(178 - 236 mL) of cold water or your favorite beverage one (1) to three (3) times daily after your workout. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts		
Serving Size One (1) level teaspoon (5 g)		
Servings Per Container About 55		
Amount Per Serving	% Daily Value	
L-Glutamine (free form)	5,000 mg (5 g)	*
* Daily Value not established.		

CAUTION: If you are pregnant or nursing, taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Dietary Supplement : NET WT. 9.7 OZ. (275 g) : **POWDER 55 SERVINGS** : — Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Manufactured by Country Life, LLC, 180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
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