

Suggested usage: Add 1 scoop (3.3 g) of powder to 1/2 cup of warm or hot water and stir until dissolved. Cold water may be added after the mixture fizzes if desired. Take once per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Magnesium Citrate Tropical Drink Mix is an easy-to-absorb source of magnesium that helps restore normal levels of magnesium and balance calcium intake.* Magnesium is essential to the proper functioning of many of the body's systems such as helping to metabolize carbohydrates, fats, and proteins, and the maintenance of healthy bones and teeth.* In addition, it supports proper muscle function, relieves stress, and promotes overall relaxation and restful sleep.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Magnesium Citrate

TROPICAL DRINK MIX

EASY TO ABSORB

No Added Sugar · Gluten & Soy Free

RESTORE, BALANCE, RELAX*



Supplement Facts

Serving Size 1 Scoop (3.3 g) Servings Per Container 75

	Amount Per Serving	% Daily Value
Pure High Grade Ionic Magnesium (citrate)	300 mg	71%
Stevia Leaf Powder	15 mg	**

^{**} Daily Value not established.

Other ingredients: Natural tropical flavor (mango, peach, passion fruit).

LOT & EXPIRY 1.3125" x .25" Single Line