

PLANETARY[®]
HERBALS
FULL SPECTRUM™
MILK THISTLE
SEED EXTRACT
SUPPORTS HEALTHY LIVER*

260 MG • 120 TABLETS

HERBAL SUPPLEMENT

Approved by
Michael Tierra L.Ac, O.M.D.

Michael Tierra

Supplement Facts

Serving Size 4 Tablets

Servings Per Container 30

Amount Per Serving

Milk Thistle Seed Extract 840 mg†

Yielding 420 mg Silymarin

Milk Thistle Seed 200 mg†

†Daily Value not established.

Other ingredients: sorbitol, stearic acid, modified cellulose gum, silica, and magnesium stearate.

Suggested Use: 2 to 4 tablets daily between meals.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Planetary Herbals **FULL SPECTRUM™ MILK THISTLE SEED EXTRACT** is a highly concentrated extract of milk thistle seeds (*Silybum marianum*) that modern research has shown to support a healthy liver. This extract matches the constituent profile of extracts used in human research studies. Extra milk thistle seeds are added to ensure the presence of important secondary compounds.*

STORE IN A COOL, DRY PLACE.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
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