

Directions: As a dietary supplement, take one vegetarian capsule daily or as directed by a healthcare practitioner.

Bluebonnet's Standardized Ashwagandha Root Extract Capsules are specially formulated with a standardized



extract of withanolides from sustainably harvested, non-GMO ashwagandha root using a clean and gentle water-based extraction method. As the most researched active constituent in this Ayurvedic adaptogenic herb, withanolides are known to promote healthy energy levels while reducing stress and providing immune and cognitive support. ♦

Bluebonnet's KOF-K Certification #K-0000700

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet®

STANDARDIZED

Ashwagandha Root Extract

2.5% Withanolides

HERBAL SUPPLEMENT



60 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Ashwagandha Root Extract	400 mg	*
(Withania somnifera L., standardized to 2.5% [10 mg] total withanolides)		

*Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable magnesium stearate, vegetable cellulose.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Manufactured by
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