

#1 PHARMACIST
RECOMMENDED†

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List No. 1162
L201
Cat. 505
5A007

Nature Made

E

VITAMIN 400 IU



dl-Alpha*

DIETARY SUPPLEMENT
180 SOFTGELS

Antioxidant and
Essential Nutrient†

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Vitamin E is an antioxidant and essential nutrient for many cells, including heart muscle cells.†

No Color Added • No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free

SUGGESTED USE: Take one softgel one to two times daily with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: Consult your physician before taking this product if you have vascular disease (such as heart disease or history of stroke) or diabetes, are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any treatment which may affect the ability of blood to clot.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
Vitamin E (as dl-Alpha Tocopheryl Acetate) 400 IU	1,333%

*dl-Alpha is the synthetic form of Vitamin E. For our plant based product, purchase Nature Made Plant Sourced Vitamin E.

OTHER INGREDIENTS: Gelatin, Glycerin, Water.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

†Based on Pharmacy Times Survey of pharmacists recommending Letter Vitamin Supplements.

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Lot.:
Exp.: