

SUGGESTED USE Consume one or more capsules daily with food or as recommended by a health care professional. For best results, take this product with food containing a small amount of fat. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product, call 800.808.7311.**

UNSURPASSED.
Purity. Quality. Integrity. Effectiveness.



Andrew Lessman
Founder of PROCAPS LABS

THIS PRODUCT IS ONLY AVAILABLE FROM



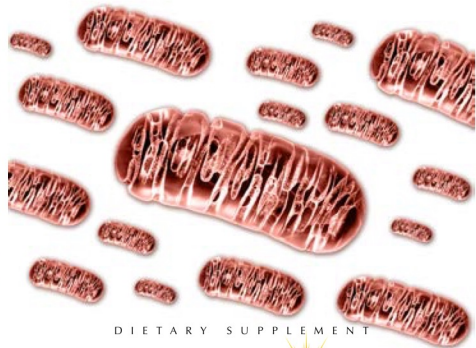
800.944.9999
WWW.HSN.COM



800.800.1200
PROCAPSLABS.COM

CoQ10 200+PQQ 20

COENZYME Q10 · PYRROLOQUINOLINE QUINONE
300 MG VITAMIN C + COMPLETE B-COMPLEX
WITH METHYL B12 & METHYL FOLATE



DIETARY SUPPLEMENT



240 Easy-to-Swallow Capsules

Andrew Lessman's COQ10 200 + PQQ 20 is a uniquely comprehensive formula designed to promote optimum cellular energy by providing high levels of both CoQ10 and Pyrroloquinoline Quinone (PQQ). It provides the most exceptional natural CoQ10, along with the world's purest PQQ. It also includes the most sophisticated B-Complex supplement, including our absorption-protected Methyl B12 (Coenzyme B12), as well as our Methyl Folate that overcomes the limitations of ordinary Folic Acid. It also includes 300 mg of our gentle, non-acidic Vitamin C. Beyond their distinct and essential roles in energy production, both CoQ10 and PQQ provide powerful protection to our most vital tissues, organs and systems. CoQ10 is required for all energy production and thus must be present in all living cells. CoQ10 is even more critical as we age, since CoQ10 levels decline rapidly with age, stress, physical activity, poor diet, health issues and many medications such as cholesterol-lowering drugs. Given its role in all energy production, it is not surprising that the highest concentrations of CoQ10 are found in the Heart, Brain, Liver, Kidneys and Pancreas. The ability of our most vital organs to create abundant energy defines our good health, which is why PQQ is CoQ10's perfect partner, since PQQ's most well-established role is the promotion of mitochondrial biogenesis or the creation of new mitochondria (our cellular powerhouses). All cellular energy originates in our mitochondria and, as a result, they directly affect our energy level and health. Since cellular energy is the foundation of our good health, no formula can more effectively target our energy level than our CoQ10 plus PQQ with full B-Complex and Vitamin C.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 240	
Amount Per Serving	%DV*	
Vitamin C (as calcium ascorbate/palmitate)	300 mg	500%
Vitamin B1 (as thiamin hydrochloride)	5 mg	333%
Vitamin B2 (as riboflavin)	5 mg	294%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Folate Complex (as L-methylfolate/folic acid)	50 mcg	13%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	100 mcg	1,667%
Biotin	50 mcg	17%
Pantothenic Acid (as calcium pantothenate)	5 mg	50%
Calcium (as calcium ascorbate/pantothenate)	30 mg	3%
Coenzyme Q-10 (natural ubiquinone)	200 mg	†
PQQ (as pyrroloquinoline quinone disodium salt) (Product of Japan)	20 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix.