

CHOCOLATE PEANUT BUTTER

NATURALLY AND ARTIFICIALLY FLAVORED



RECOMMENDED USE:

For Post-Workout Recovery: Begin drinking 1 PURE PRO® 50 Shake immediately upon completing your workout.

PROTEIN WEIGHS heavily in everyone's workout recovery strategy. This is the shake for those who don't want to come up short. Whether your goal is to dominate the field or up your bench, 50 grams of milk and whey protein has a lot to offer. That's A.B.B. making greatness greater.

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirements with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

SHAKE WELL BEFORE USE.
STORE IN A COOL, DRY PLACE.
REFRIGERATE AFTER OPENING.
TAMPER EVIDENT - PURCHASE ONLY IF SEAL IS INTACT.
CAUTION: CONTENTS UNDER PRESSURE; OPEN SLOWLY TO REDUCE POTENTIAL SPLASHING.



HI & ME 50c, OR 10c
CA CRV

PURE PRO 50



50g
PROTEIN

3g
SUGAR

4g
FAT

Nutrition Facts

Serving Size 1 Bottle (14.5 fl oz)

Amount Per Serving

Calories 270 Calories from Fat 135

% Daily Value*

Total Fat 4g	6%
Saturated Fat 1.5g	8%
Cholesterol 40mg	13%
Sodium 140mg	6%
Potassium 450mg	13%
Total Carbohydrate 9g	3%
Dietary Fiber 3g	12%
Sugars 3g	
Protein 50g	100%

Calcium 130% • Iron 6%

Not a significant source of trans fat, vitamin A or vitamin C.
*Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	310mg
Sodium	Less than	2,400mg	2,410mg
Potassium		3,500mg	3,510mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:

Fat 9 • Carbohydrates 4 • Protein 4

INGREDIENTS: Water, Protein Blend (Milk Protein Concentrate, Whey Protein Concentrate), Natural and Artificial Flavor (Contains Caramel Color), Cocoa (Processed with Alkali), Peanut Butter (Peanuts, Dextrose, Hydrogenated Rapeseed Oil, Cottonseed Oil, Salt), Cellulose Gel, Sucralose, Cellulose Gum, Acesulfame Potassium, Salt, Carrageenan.

CONTAINS: MILK AND PEANUT.

Distributed by:
AMERICAN BODY BUILDING PRODUCTS
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Downers Grove, IL 60515

WARNING: Consuming this product can expose you to chemicals including bisphenol A (BPA), which are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.



This product contains ingredients of international and domestic origin

AMERICANBODYBUILDING.COM
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14.5 FL OZ (429 mL)

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY.
DO NOT USE FOR WEIGHT REDUCTION.