

Since 1972

Digestive System Support*

GUARANTEED PURE

Target-Minerals are minerals chelated to specific amino acids. As chelates, these minerals are readily absorbed to target specific body systems. Zinc supports pancreas health and is involved in healthy insulin production. Chromium is an essential part of GTF (Glucose Tolerance Factor).

RECOMMENDATION

Take one capsule with a meal three times daily.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials in its products that are subject to color variation.

Product of U.S.A.



TARGET P-14[®] FORMULA

Target-Mineral

Dietary Supplement

90 CAPSULES

Stock No. 2810-1
NATURE'S SUNSHINE PRODUCTS, INC.
Spanish Fork, Utah 84660 1-800-223-8225
www.naturesunshine.com ©2012

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule	%Daily Value	
Zinc (amino acid chelate)	15 mg	100%
Chromium (amino acid chelate)	80 mcg	67%
Proprietary Blend	200 mg	*
Goldenseal Root & Rhizome (<i>Hydrastis canadensis</i>)		
Juniper Berries (<i>Juniperus communis</i>)		
Uva Ursi Leaves (<i>Arctostaphylos uva-ursi</i>)		
Rose Hips (<i>Rosa canina</i>)		
Mullein Leaves (<i>Verbascum thapsus</i>)		
Garlic Bulb (<i>Allium sativum</i>)		
Yarrow Aerial Parts (<i>Achillea millefolium</i>)		
Slippery Elm Bark (<i>Ulmus rubra</i>)		
L-Leucine		
L-Lysine		
L-Glutamine		
Capsicum Fruit (<i>Capsicum annum</i>)		
Dandelion Root (<i>Taraxacum officinale</i>)		
Marshmallow Root (<i>Althaea officinalis</i>)		
Nettle Leaves (<i>Urtica dioica</i>)		
White Oak Stem Inner Bark (<i>Quercus alba</i>)		
Licorice Root (<i>Glycyrrhiza glabra</i>)		

*Daily Value not established

Other Ingredients: Cellulose, capsule (gelatin, water).

LOT:
Full Potency Through: