

Nature Made

DAILY

DIABETES Health Pack[†]

MULTIVITAMIN AND MINERAL SUPPLEMENT



Multivitamin/Mineral

A high potency supplement providing essential vitamins and minerals for nutritional support of the body.[†]



Fish Oil with Vitamin D₃

Fish oil provides omega-3 fatty acids, EPA & DHA, which help support a healthy heart.[†] Vitamin D supports bone, teeth, muscle and immune health, and vitamin D₃ is the body's preferred form of vitamin D.[†]



Magnesium

Magnesium participates in more than 300 reactions in the body and is essential for nerve, muscle and heart function. Magnesium also supports healthy bones and teeth and helps convert food to cellular energy.[†]



Vitamin C

Vitamin C helps neutralize free radicals and helps iron get absorbed in the body. Vitamin C also helps support the immune system.[†]



Alpha Lipoic Acid with Green Tea

Antioxidant properties that help neutralize free radicals.[†]



Chromium

Chromium is necessary for carbohydrate metabolism and utilization and helps support healthy glucose metabolism.[†]

[†]Vitamin D₃ is more effective at raising and maintaining adequate levels of circulating vitamin D in the body.[†]

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

List No. 1020 P200 Cat. 112 1A106



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Lot:

Exp.:

Nature Made

DAILY

DIABETES Health Pack[†]

SCIENTIFICALLY FORMULATED NUTRITIONAL SUPPORT

For People with PREDIABETES & DIABETES[†]

Nature Made[®] Diabetes Health Pack provides essential nutrients that may be lacking due to the strain diabetes can put on the body's health.[†]

If you are not always eating a balanced diet, Nature Made Diabetes Health Pack helps provide the nutrients you may be low in. Each pack provides a comprehensive combination of key vitamins, minerals, and other supplements.[†]

#1 PHARMACIST RECOMMENDED*

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DIABETES Health Pack[†]

SCIENTIFICALLY FORMULATED NUTRITIONAL SUPPORT

For People with PREDIABETES & DIABETES[†]

MULTIVITAMIN FISH OIL with Vitamin D MAGNESIUM VITAMIN C ALPHA LIPOIC ACID CHROMIUM
6 supplements per packet

30 PACKETS 30 DAY SUPPLY dietary supplement

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#1 PHARMACIST RECOMMENDED*

Color Derived from Natural Source - No Synthetic Dyes or Artificial Flavors - No Preservatives - No Yeast - Gluten Free
SUGGESTED USE: Take the contents of one packet daily, with a meal. For easier swallowing, take with water before and during ingestion. Store in a cool, dry place. Keep out of the reach of children.

For your protection, do not use product if packets printed with lot number are opened.

CAUTION: These packets contain magnesium and fish oil supplements. Consult a physician before use, if you have kidney disease, are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot.

People with diabetes should consult a doctor or pharmacist before purchasing or taking any supplements.

Supplement Facts

Serving Size: 1 packet		Amount Per Packet % Daily Value		Amount Per Packet % Daily Value	
Calories	15	Magnesium (as Magnesium Oxide)	300 mg	75%	
		Zinc (as Zinc Oxide)	11 mg	20%	
Total Fat	3 g	Selenium (as Sodium Selenate)	50 mcg	20%	
		Copper (as Copper Sulfate)	0.8 mg	40%	
Total Carbohydrate	1 g	Manganese (as Manganese Sulfate)	2.3 mg	100%	
		Chromium (as Chromium Picolinate and Chromium Chloride)	305 mcg	300%	
Vitamin A (as Beta Carotene)	2500 IU	50%	Methylcobalamin (as Sodium Methylcobalamin)	45 mcg	90%
Vitamin C (as Ascorbic Acid)	500 mg	90%	Chloride (as Potassium Chloride)	72 mg	2%
Vitamin D ₃ (as Cholecalciferol)	1500 IU	275%	Potassium (as Potassium Chloride)	80 mg	2%
Vitamin E (as d-Alpha Tocopheryl Acetate)	50 IU	100%	Boron (as Sodium Borate and Boric Acid)	150 mcg	*
Vitamin K (as Phytanadione)	30 mcg	30%	Nickel (as Nickel Sulfate)	3 mcg	*
Thiamin (as Thiamin Mononitrate)	1.5 mg	100%	Silicon (as Silicon Dioxide)	2 mg	*
Riboflavin	1.7 mg	100%	Vanadium (as Sodium Metavanadate)	10 mcg	*
Niacin (as Nicotinamide)	20 mg	100%	Vitamin B ₆ (as Pyridoxine Hydrochloride)	3 mg	100%
Vitamin B ₁₂ (as Cyanocobalamin)	25 mcg	417%	Folic Acid	500 mcg	125%
Biotin	30 mcg	10%	Lycopene	300 mcg	*
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%	Alpha Lipoic Acid	50 mg	*
			Green Tea leaf extract (Camellia sinensis)	10 mg	*
			Phosphorus	25 mg	*
			Fish Oil Concentrate	1200 mg	*
			Calcium (as Dibasic Calcium Phosphate and Calcium Citrate)	200 mg	20%
			Phosphorus (as Dibasic Calcium Phosphate)	110 mg	11%
			Iodine (as Potassium Iodide)	150 mcg	300%
			Total Omega-3 Fatty Acids	300 mg	*
			Omega-3 EPA and DHA	300 mg	*
			Omega-3 DHA	80 mg	*

*Daily Value not established.
**Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Cellulose Gel, Gelatin, Glycerin, Hypromellose, Croscarmellose Sodium, Stearic Acid, Lactose, Starch (Corn & Tapioca), Magnesium Stearate, Water, Hydroxypropyl Methylcellulose, Ethylcellulose, Maltodextrin, Polyethylene Glycol, Tocopherols, Color Added, Triethyl Citrate, Polysorbate 80.

Contains: Fish (Anchovy, Sardine, Mackerel) and Milk.

Distributed by: **Nature Made Nutritional Products**, Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2870

www.NatureMade.com

Diabetes Health Pack tablets and softgel are made to Nature Made's guaranteed purity and potency standards.
† Based on Pharmacy Times Survey of pharmacists recommending Diabetes Multivitamin Supplements.