



NON-GMO • MASS SPEC

Documentation ✓ Lab Tested ✓

Suggested usage: 1 capsule 1–2 times per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Natural Factors Valerian Root is the natural way to unwind, relax, and get a good night's sleep.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada

Distributed by NATURAL FACTORS

14224 167th Avenue SE

Monroe, WA 98272

**Purity & Potency
Guaranteed**

Recyclable container and label.



Valerian Root

0.8% Valerenic Acids

90 Capsules

PROMOTES SLEEP AND RELAXATION*



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving
Valerian Root Extract (<i>Valeriana officinalis</i>)	300 mg**
Valerenic Acids (0.8%)	2.4 mg**

** Daily Value not established.

Other ingredients: Rice powder, gelatin capsule (gelatin, purified water), magnesium stearate (vegetable grade), silica.

LOT & EXPIRY 1.3125" x .25" Single Line

