

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Bluebonnet's Plant Sterols 500 mg Capsules contain non-genetically engineered plant sterols from soy. Plant sterols are plant compounds that are chemically similar to cholesterol. Products supplying at least 500 mg per serving of plant sterols, taken twice a day with meals, for a daily intake of 1000 mg as part of a diet low in saturated fat and cholesterol, helps support cardiovascular health. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.♦

Bluebonnet's KOF-K Certification #K-0000700

CAUTION: Do not use this product, if you are pregnant, trying to conceive or breastfeeding.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by
Bluebonnet Nutrition Corporation
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60 Vegetable Capsules



Bluebonnet



Plant Sterols 500 mg

Providing Beta-Sitosterol
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Plant Sterols (from soy)	500 mg	*
beta-sitosterol	210 mg	*
campesterol	100 mg	*
stigmasterol	70 mg	*

*Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable magnesium stearate, calcium carbonate, vegetable cellulose.

Contains: Soybeans

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.