

Complete E is an all natural, Full Spectrum Vitamin E with added Tocotrienols, CoQ10, Alpha Lipoic Acid (ALA) and Vitamin C. Vitamin E, specifically gamma tocopherol, is well known for its powerful antioxidant properties.** Like Vitamin E, Tocotrienols exhibit antioxidant protection, especially against lipid peroxidation, therefore rendering powerful support for cardiovascular health.** ALA and Vitamin C substantially add to Vitamin E's ability to scavenge free radicals.**

- **Complete antioxidant protection**
- **Advanced complex with 35mg of tocotrienols from palm fruit extract**
- **With added Vitamin E recyclers- ALA & Vitamin C**

** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated by & Manufactured for: MRM
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Lot#
Best if used by:



COMPLETE E

Full Spectrum Vitamin E**

With Gamma Tocopherol
& Tocotrienols

60 SOFTGELS
DIETARY SUPPLEMENT

Suggested Usage: Take 2 softgels daily with a meal or as directed by your qualified healthcare provider.

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

	Amount Per Serving	%Daily Value*
Vitamin E (as d-alpha tocopherol) (Natural Tocopherol Mixture & Palm Fruit Extract)	400 IU	1,333%
Vitamin C (as ascorbyl palmitate)	120mg	200%
Natural Tocopherol Mixture		
d-alpha tocopherol	254mg	†
d-beta tocopherol	15mg	†
d-delta tocopherol	120mg	†
d-gamma tocopherol	290mg	†
Palm Fruit Tocotrienol Extract (Supplying 35mg d-Tocotrienols)		
d-alpha tocotrienol	13mg	†
d-beta & delta tocotrienol	6mg	†
d-gamma tocotrienol	16mg	†
d-alpha tocopherol	8.75mg	†
Phytosterols	5mg	†
Alpha Lipoic Acid	50mg	†
CoEnzyme Q10	30mcg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Sesame oil, sunflower lecithin, carob, beeswax, gelatin, glycerin, and purified water.

Contains **NO** added milk, egg, peanut, tree nut, fish, shellfish, wheat, gluten, or yeast ingredients.

Vitamin E from palm fruit and soy derivatives.