

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.[®]*



Ginger (*Zingiber officinale*) root is **guaranteed to contain 1.3% essential oils** to ease stomach discomfort associated with travel and stimulate digestion.*

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Ginger is carefully grown, tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



PREMIUM

**Nature's
Way**[®]

HERBAL

Ginger *Root*



**SOOTHES
DIGESTION***

100 Capsules / Certified 550 mg

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules two to four times daily, or as needed for stomach discomfort.

Caution: Consult a healthcare professional before use if you are pregnant or have gallstones.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrate	1 g	< 1%†
Ginger (root)	1.1 g (1,100 mg)	**

†Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: Gelatin (capsule)

Did you know? Nature's Way Ginger contains the aromatic essential oils gingerol and shogaol.

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