

Directions: As a dietary supplement, add one packet (7 grams) daily to 8 fl oz of water or your favorite smoothie/juice and mix or shake well. For best results, liquid should be very cold. Mixes instantly without the use of a blender.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and soybeans. Also free of corn, yeast, gluten and rice.

Organic • Vegan • Kosher • Gluten-Free • Soy-Free • No Added Sugar

Allergen Warning: Manufactured in a facility that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.

Bluebonnet®

SUPER EARTH ORGANIC GREENS

Wheatgrass • Green Kamut
Barley Grass • Alfalfa Grass
Spirulina • Chlorella



Bluebonnet's KOF-K
Certification #K-0000700
Certified Organic by The Texas
Department of Agriculture

WARNING Consuming this product can expose you to chemicals including lead and cadmium that are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

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DIETARY SUPPLEMENT
EASY-TO-MIX POWDER
NET WT. 0.25 OZ (7 g)

Vegan

Kosher

Gluten Free

Soy Free

Supplement Facts

Serving Size 1 Packet (7 g)

**Percent Daily Value is based on a 2,000 calorie diet.

†Vitamin and mineral content is based on an average; amounts may vary.

Amount Per Serving	%DV	Amount Per Serving	%DV	Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	25	Total Carbohydrate	4 g	1**		Vitamin E	2 mg† 13
Total Fat	0 g	Dietary Fiber	2 g	7**		Vitamin K	40 mcg† 33
Saturated Fat	0 g	Sugars	0.5 g			Thiamin	0.02 mg† 2
Trans Fat	0 g	Includes 0 g added sugars	0 **			Riboflavin	0.03 mg† 2
Cholesterol	0 mg	Protein	1.5 g	3**		Niacin	0.3 mg† 2
		Vitamin A	24 mcg†	3		Vitamin B12	0.09 mcg† 4
						Calcium	45 mg† 3
						Iron	1.8 mg† 10
						Magnesium	15 mg† 4
						Copper	50 mcg† 6
						Sodium	24 mg† 1
						Potassium	100 mg† 2

Contains: Organic greens blend [wheat grass, barley grass juice, alfalfa grass, green kamut, spirulina, chlorella (broken cell wall, vulgaris)].