SUGGESTED USE Consume two capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of ANDREW LESSMAN'S multi-vitaminmineral formulas. For answers to questions about the use of this product, call 800,808,7311.





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MAXIMUM

essential OMEGA-3

ULTRA-CONCENTRATE OF DHA AND EPA FREE OF MERCURY AND CONTAMINANTS



360 Easy-to-Swallow Capsules

Andrew Lessman's MAXIMUM ESSENTIAL OMEGA-3 is our ultra-pure, highest potency blend of Omega-3 oils uniquely delivered with absolutely NO fishy aftertaste. Our Omega-3s exist in their most active, natural triglyceride form and NOT as inferior ethyl esters. Omega-3s are absolutely essential for our good health, yet they cannot be made by the body, so their benefits are only available from cold-water fish or a formula like Maximum Essential Omega-3. Research has shown that diets rich in Omega-3 oils are associated with superior heart, brain, circulatory and general health; yet sadly, the American diet delivers alarmingly low levels of these precious fatty acids. Our Maximum Essential Omega-3 is a uniquely concentrated source of both fish and flaxseed oils, delivering our highest levels of DHA (Docosahexaenoic Acid) and EPA (Eicosapentaenoic Acid), as well as DPA

(Docosapentaenoic Acid). Typical Omega-3 formulas focus on EPA, which is less costly to provide, whereas our Omega-3s target vital **DHA**, which is essential for brain and eye function. In fact, the highest functioning areas of the brain and the most critical parts of the eye (macula and retina) contain and require ultra-high levels of DHA. Although fish oil supplements have long been praised for their countless health benefits, they are equally well-known for their aftertaste and potential contaminants; however, our **Maximum Essential Omega-3** allows you to enjoy all the benefits of fish oil with NO mercury, NO contaminants, NO

stomach upset and NO fishy aftertaste.

These statements have not been evaluated by the Food and Drug Administration. The product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, so sugar, color, preservative or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

as as	Supplement Facts	
or	Serving Size 2 Softgels Servings Per Container	180
	Amount Per Serving %	DV*
ng	Calories 12	
ne	Calories from Fat 12	
gh	Total Fat 1.35 g	2%
ve	Cholesterol 2 mg	1%
ts,	Fish Oil (anchovy, mackerel, menhaden, sardine, tuna) 1,150 mg	†
nd	Total Omega-3 Fatty Acids 1,000 mg	†
ım	DHA-Docosahexaenoic Acid (Omega-3) 450 mg	
its	EPA-Eicosapentaenoic Acid (Omega-3) 350 mg	
10	DPA-Docosapentaenoic Acid (Omega-3) 50 mg	
	Alpha-Linolenic Acid (Omega-3)(from flaxseed oil) 100 mg	†
This	Proprietary Orange Essence (Extracted Oil) 36 mg	†
alt,	* Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established.	

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).