

ZMA MAX™

ANABOLIC MINERAL SUPPORT FORMULA WITH FENUGREEK



CORE SERIES

DIETARY SUPPLEMENT
60 CAPSULES

SUPPORTS NATURAL TESTOSTERONE LEVELS & MUSCLE STRENGTH

- PROMOTES DEEP SLEEP & RECOVERY*
- SUPPORTS HEALTHY LIBIDO FUNCTION*
- 60 SERVINGS*

FUELING ATHLETES SAFELY™

BANNED-SUBSTANCE FREE
CERTIFICATIONS



CLINICAL STUDIES
& RESEARCH PROGRAM



DEMAND MORE OF YOUR BODY- AND YOUR ZMA SUPPLEMENT

MusclePharm® ZMA Max™ promotes deeper and more efficient sleep to maximize healing, tissue repair, anabolic hormone production, testosterone levels and muscle growth. It delivers the benefits of precise dosages and ZMA ingredient ratios, and adds the synergistic effects of fenugreek to support natural levels of free testosterone and healthy libido function in women and men.*

WARNING: Check with a qualified healthcare professional before using this product if you are pregnant, nursing a baby, under 18 years of age, or if you have any known or suspected medical condition(s) and/or are taking any prescription or OTC medication(s). Individuals under 18 years of age are restricted from purchasing this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle or while operating machinery. Consult a physician if using more than 4 weeks. KEEP OUT OF REACH OF CHILDREN.

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take 1-2 capsules daily for men and 1 capsule daily for women, preferably on an empty stomach, 30-60 minutes prior to bedtime.

SUPPLEMENT FACTS

Serving Size: 1 capsule

Servings Per Container: 60

Amount Per Serving		% Daily Values
Vitamin B6 (as Pyridoxine Hydrochloride)	3 mg	150.00%
Copper (as Copper Glycinate)	10 mcg	0.50%
Magnesium (as Magnesium Aspartate)	113 mg	28.25%
Zinc (as Monomethionine and Aspartate)	7.5 mg	50.00%
Proprietary Trigonella foenum graecum extract standardized for 50% Saponins	50mg	*
Melatonin	3mg	*

* Percent Daily Values are based on a 2000 calorie diet.

† Daily value not established

OTHER INGREDIENTS:

Gelatin, Magnesium Stearate, Microcrystalline Cellulose

ALLERGEN WARNING: This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, and peanuts.

STORAGE CONDITIONS: Store in a cool dry place.



EXCLUSIVELY DEVELOPED
& MANUFACTURED FOR:

MUSCLEPHARM®

4721 Ironton St. Denver, CO 80239 USA

MADE IN A cGMP AND NSF® CERTIFIED FACILITY
MADE IN USA

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