

LIVE LIFE IN BALANCE

for the things you love to do and
the people you love doing them with



DreamBrands.com

Relieve common menopausal symptoms*

Internal Harmony Menopause is a daily supplement designed to help improve energy, mood, and libido while also providing safe, effective relief from multiple menopausal symptoms.*

Menopause is a time of transition and change. Internal Harmony was designed to help relieve some of menopause's most common symptoms.* With stress-reducing and balancing herbal extracts, vitamins, minerals, and a clinically tested non-soy genistein, geniVida, Internal Harmony is a great choice to help combat the natural challenges of menopause.*

Suggested Use: Take 2 capsules in the morning with food. For best results, use daily for a minimum of 90 days.

Cautions:

- Do not use if pregnant or lactating
- Do not use if inner seal is torn
- KEEP OUT OF REACH OF CHILDREN
- Store at room temperature
- If you have an allergic reaction please discontinue use and consult a physician

Supplement Facts

Serving Size: 2 Capsules, Servings Per Container: 90

	Amount Per Serving	%DV
Vitamin D5 (as cholecalciferol)	400 IU	100%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	500%
Vitamin B12 (as methylcobalamin)	100 mcg	2000%
Calcium (as calcium carbonate)	250 mg	25%
Non-soy Genistein (geniVida®)	30 mg	**
Boron (as boron citrate)	3 mg	**
Diindolylmethane (DIM)	50 mg	**
Woman's Herbal Blend	1050 mg	**
Ashwagandha Extract (root) (KSM-66®)	**	
Cordyceps Extract (mycelia)	**	
Chaste Tree Extract (fruit)	**	
Dong Quai Extract (root)	**	
Black Cohosh Extract (rhizome)	**	
Piperine (from Black Pepper) (Biosperine®)	**	

**Daily Value not established

Other Ingredients: Vegi Capsule (Hypromellose), Magnesium Stearate, Hydroxypropyl Methylcellulose

Contains: Milk (used in extraction process)

©2008-2015 Owned and distributed by DreamBrands, Inc.
1645 N Cave Creek Rd / Phoenix / AZ / (8502) / 888-300-9181
Adverse events may be reported to this address.

KSM-66® is a registered trademark of Salsbery Research
geniVida® is a registered trademark of DDM Nutritional Products
Biosperine® is a registered trademark of Salsbery Corporation

Learn more at DreamBrands.com

Follow Internal Harmony

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Energy* | Focus* | Libido*

Live life in balance

Life. Just when you're into it, your body may not feel up to it. Internal Harmony products can help restore your body's natural balance so you can live life fully.* Joyfully.

For the things you love to do and the people you love doing them with. Internal Harmony.



100% Satisfaction

We recognize there may be a small percentage of consumers that will not be completely satisfied with the results of this formula. To ensure 100% satisfaction, we offer a 60-day money back guarantee from the date of purchase.

Please call 888-300-9181 for details.
Hours: 9am-5pm (Arizona time) M-F

DreamBrands.com

54709-042015 CCP 024-015

DREAMBRANDS®

internal
harmony
for women

Multi-Symptom Menopause Relief*

- ✓ Hot flashes*
- ✓ Irritability*
- ✓ Night sweats*
- ✓ Libido*



feel good energy*

CLINICALLY TESTED, SAFE, EFFECTIVE INGREDIENTS
GLUTEN FREE • NATURAL BOTANICAL EXTRACTS • HORMONE FREE

60 Vegi Capsules
Dietary Supplement

Live life in balance

Feel Good Energy* Live life. Love life.



Relief for Hot Flashes*

GeniVida®, a non-soy genistein, has been clinically shown to safely reduce hot flashes and night sweats.* Black Cohosh was included for further relief.*

Calming and Energizing*

Ashwagandha is an adaptogen which helps strengthen the body's response to stress and lowers cortisol levels.* Together with Cordyceps, Vitamin B6 and B12, Ashwagandha can help boost energy while keeping you calm and focused.*



Support Hormonal Balance*

DIM, Chaste Tree, Dong Quai Extract

Sexual Intimacy & Arousal*

In a recent clinical study, KSM-66® was shown to heighten arousal, orgasms and overall sexual satisfaction and intimacy.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.