

**Directions:** As a dietary supplement, adults take one (1) softgel capsule two (2) times daily with meals, or as directed by a health care professional.

**Contains No** sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

**STORE IN A COOL, DRY PLACE AND AWAY FROM DIRECT LIGHT.  
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Viva Vitamins™ fully guarantees the potency of this product through:

Lot No.

Exp

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for more information visit [www.vivavitamins.com](http://www.vivavitamins.com)  
**MADE IN THE USA**



# FISH OIL OMEGA-3

1000

Molecularly Distilled  
for Purity

300 Softgels  
Dietary Supplement

## Supplement Facts

Serving Size: 1 Softgel Capsule

### Amount Per Serving

Calories 10                      Calories from Fat 10

% Daily Value†

Total Fat 1 g                      2%

Saturated Fat 0 g                      0%

Monounsaturated Fat 0 g

Polyunsaturated Fat 0.5 g

Cholesterol 10 mg                      3%

Vitamin E 9 iu                      30%

Fish oil concentrate                      1000 mg\*

Eicosapentaenoic acid (EPA)                      180 mg\*

Docosahexaenoic acid (DHA)                      120 mg\*

† Percent Daily Values are based on a 2,000 calorie diet

\* Daily Value not established

**Other Ingredients:** Gelatin, glycerin and water.

This fish oil is molecularly distilled to remove PCB's, dioxins, heavy metals such as lead, mercury and other unwanted compounds. This process also helps keep the oil fresh and stable.