



Suggested usage: 1 scoop (5 g) or 1 heaping teaspoon per day or as directed by a health professional. L-Glutamine has no taste and mixes easily in water or your favorite beverage.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

L-Glutamine is an amino acid that can be found throughout the body, primarily in the brain, gastrointestinal tract, muscles, and liver cells. Supplementing with L-Glutamine can help restore plasma L-Glutamine levels depleted after periods of physical stress and can accelerate recovery time.* Additional benefits include immunity support and energy, as well as healthy digestive and brain function.*

Micronization technology greatly minimizes the particle size, thus allowing your body to more easily break down and absorb the glutamine. Natural Factors amino acids are the highest quality pharmaceutical grade products available.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

US L-GLUTAMINE, BOTTLED IN CANADA
 Manufactured by Natural Factors Canada
 Distributed by NATURAL FACTORS
 14224 167th Avenue SE
 Monroe, WA 98272

**Purity & Potency
 Guaranteed**



Recyclable container and label.

Micronized L-Glutamine

5000 mg

FREE FORM AMINO ACID

Net Wt 16 oz (454 g) Powder

HEALTHY MUSCLE TISSUE & IMMUNE SYSTEM*



Supplement Facts

Serving Size 5 g (1 scoop or 1 heaping teaspoon)
 Servings Per Container 90

Amount Per Serving	
Micronized L-Glutamine (Pharmaceutical Grade)	5 g**

** Daily Value not established.

Other ingredients: None.

LOT & EXPIRY 1.3125" x .25" Single Line

