

Directions: As a dietary supplement, take two caplets once daily or as directed by a healthcare practitioner.

Bluebonnet's Power Thought® Caplets are scientifically formulated with a powerful spectrum of highly advanced nutrients, including phosphatidylserine and phosphatidylcholine, two highly concentrated complexes derived from natural soy lecithin. Also, formulated with L-glutamine, L-tyrosine, taurine, pyroglutamic acid, DMAE and ginkgo biloba leaf extract. Available in easy-to-swallow caplets.

Contains: Soybeans

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of corn, yeast, gluten, barley, rice and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, Texas 77478 USA
www.bluebonnetnutrition.com



Bluebonnet®



Power Thought®

Phosphatidylserine Formula
Dietary Supplement
90 Caplets



Supplement Facts

Serving Size 2 Caplets

Servings Per Container 45

Amount Per Serving		% Daily Value
Calcium (as calcium phosphate)	180 mg	14
Vitamin B ₆ (as pyridoxine HCl)	25 mg	1471
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	1042
Pantothenic Acid (as calcium D-pantothenate)	25 mg	500
L-Glutamine	125 mg	*
Pyroglutamic acid	125 mg	*
DMAE (dimethylaminoethanol)	100 mg	*
L-Tyrosine	100 mg	*
Phosphatidylcholine Complex	100 mg	*
Phosphatidylserine Complex	100 mg	*
Taurine	80 mg	*
Ginkgo Biloba Leaf Extract (supplying 24% [9.6 mg] ginkgo flavoglycosides)	40 mg	*

* Daily Value not established.

Other ingredients: Vegetable cellulose, vegetable magnesium stearate, calcium phosphate, vegetable glaze, silica.

Minerals are shown in their elemental value.