

**MRM's Natural Gainer** is an ideal health supplement for individuals looking to add useful calories to their diets as well as to increase or maintain lean body mass.\*\* **Natural Gainer** makes it simple to add extra calories, in an easy and delicious shake designed for all age groups and active lifestyles.

**MRM's** unique protein complex provides all the essential amino acids to enhance lean muscle growth.\*\* **Natural Protein Optimizer™** is a special combination of ultra-filtered, low temperature processed whey protein concentrate, crossflow microfiltered whey protein isolate, micellar casein and enzymes to provide with both immediate and sustained release of amino acids. **Natural Protein Optimizer™** provides optimal amounts of essential amino acids that growing muscles crave, especially BCAA's, Glutamine and Arginine. **MRM** emphasizes the amount of protein per serving since it is the most prominent macronutrient proven to increase lean muscle mass.\*\*

Additionally, **MRM** has added trehalose, a slow release energy substrate that renders little to no effect on insulin with maximum effect on energy and minimal fat storage.\*\* **Natural Gainer** contains a unique carbohydrate complex consisting of VitaFiber™ (isomaltoligosaccharide) and glucose polymers (maltodextrin). This preferable combination of fast, slow and indigestible carbohydrates provides an excellent source of fiber and calories that are less prone to increase "body fat" while offering a long-lasting source of energy and satiety.\*\*

Although fat is a highly concentrated source of energy (double that of protein and carbohydrates), the fats in **MRM's Natural Gainer** blend were precisely chosen for their ability to offer unique benefits to the heart and cell membrane.\*\* Sunflower oil is a heart healthy oil high in unsaturated fats, which are mostly deficient in the standard American diet.\*\*

**MRM** has added a potent blend of 5 different probiotics using a natural, patented MICROBAC™ live transport that help support upper and lower intestinal health.\*\* MICROBAC™ live transport increases delivery of probiotics 5-fold, resulting in 1 billion cells providing the colonization and activity of 5 billion cells.\*\*

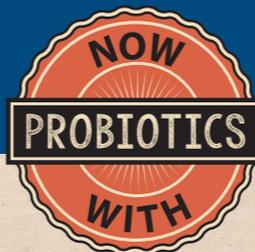
Combine **MRM's Natural Gainer** with a sensible diet and physical exercise program for best overall lean body mass gains.\*\*

\*\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Formulated by & Manufactured for:  
**MRM**  
2665 Vista Pacific Dr.  
Oceanside, CA 92056 USA  
www.mrm-usa.com • 1-800-948-6296



# GAINER

## WITH PROBIOTICS

25 Grams of  
Complete Protein

Antibiotic &  
Hormone Free

Contains 5 Strains  
of Probiotics



CHOCOLATE



NET WT 53.3 oz (3.3 lb) 1512 g  
DIETARY SUPPLEMENT

**Directions:** Add one serving (2 scoops) to 8-10 ounces of water, skim milk, whole milk or your favorite beverage and shake for 30-60 seconds. Use a serving once a day, or 1/2 of a serving 2 times a day.

### Supplement Facts

Serving Size 2 Scoops (approx. 84 grams)  
Servings Per Container 18

	Amount Per Serving	% Daily Value*
Calories	350	
Calories from Fat	50	
Total Fat	6g	9%
Saturated Fat	1.5g	7%
Trans Fat	0g	†
Cholesterol	50mg	17%
Sodium	135mg	6%
Potassium	290mg	8%
Total Carbohydrate	48g	16%
Dietary Fiber	11g	44%
Sugars	7g	†
Total Protein	25g	50%
Microencapsulated Probiotic Blend	1 Billion Cells	†
<small>(Bifidobacterium breve, Bifidobacterium animalis subsp. lactis, Lactobacillus acidophilus, Lactobacillus rhamnosus, Lactobacillus plantarum)</small>		
Vitamin A	0%	Vitamin C 0%
Calcium	20%	Iron 15%

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

**Ingredients:** Natural Protein Optimizer™ [Ultra-filtered, Low Temperature Processed Whey Protein Concentrate (milk), Crossflow Microfiltered Whey Protein Isolate (milk), Micellar Casein (milk), Sunflower Lecithin & Digest-ALL® AP (a vegan enzyme blend)], Maltodextrin, VitaFiber™ (Isomaltoligosaccharide), Sunflower Oil Powder (Sunflower Oil, Maltodextrin, Sodium Caseinate (milk), Mono and Diglycerides, Tocopherols, Tricalcium Phosphate), Trehalose, Natural Cocoa, Natural Chocolate Flavors, Pure Ocean® Sea Salt, Stevia Leaf Extract, Monk Fruit Extract, and 5 Strain Microencapsulated Probiotic Blend.

Contains milk.

Contains **NO** added egg, soy, peanut, tree nut, fish, shellfish, wheat, gluten or yeast ingredients.

### Typical Amino Acid Profile Per 84g - 2 Scoops

Alanine	1180mg
Arginine	590mg
Aspartic Acid	2810mg
Cysteine	320mg
Glutamic Acid	4410mg
Glycine	590mg
Histidine	370mg
Isoleucine	1630mg
Leucine	2400mg
Lysine	2270mg
Methionine	490mg
Phenylalanine	780mg
Proline	1570mg
Serine	1340mg
Threonine	1530mg
Tryptophan	560mg
Tyrosine	650mg
Valine	1530mg

The Protein Blend in Natural Gainer contains the following supportive immunofactors:  
48-52% beta-lactoglobulin  
18-22% alpha-lactoglobulin  
20-22% glyco-macro-peptide  
2% immunoglobulins  
0.5-1% lactoferrin

- **No Aspartame, Acesulfame K or Sucralose**
- **ZERO Added Sugars**
- **No MSG**

This product is manufactured in a facility that processes other products that contain egg or soy.

Pure Ocean® is a registered trademark of SaltWorks, Inc.