SUGGESTED USE Consume one capsule daily with food or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of ANDREW LESSMAN'S multivitamin-mineral formulas. For answers to questions about the use of this product, call



GINGER 450 PURE STANDARDIZED GINGER ROOT EXTRACT SOOTHING RELIEF FOR JOINTS AND DIGESTION

the protective compounds you seek. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. **CONTAINS NO** Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

formulated to ensure the highest levels of

oxidant protection. Unlike typical Ginger products found on store shelves that are really nothing more than some ordinary spice in a bottle, our Ginger 450 is **Supplement Facts** Serving Size 1 Capsule Servings Per Container 360 **Amount Per Serving** Ginger, extract/powder (root) 450 mg standardized to 5% gingerols/1.5% volatile oil Daily Value not established.

Other Ingredients: Natural plant cellulose (acid resistant) vegetarian capsule.

Andrew Lessman's GINGER 450 contains a pure standardized extract of the

most important active components from Ginger Root in a small, easy-to-swallow

capsule. For more than one thousand years throughout virtually all Asian cultures.

Ginger has been employed as both an important spice and a crucial part of

traditional medicine. It was among the first spices cultivated in the New World for

both its rich flavor and its medicinal properties. It is not surprising to learn that

Ginger is closely related to Turmeric, another popular Asian spice possessing

powerful protective properties. Ginger has long been recommended as a natural

means of calming an upset, sensitive or uneasy stomach. Ginger's soothing

benefits have also been observed to extend to our joints and connective tissue.

Standardized to deliver no less than 5% Gingerols, our Ginger Extract provides

a rich source of protective compounds that offer extensive anti-aging and anti-

360 Easy-to-Swallow Capsules