

Directions: As a dietary supplement, take three capsules once daily, preferably with a meal or as directed by a healthcare practitioner.

Bluebonnet's Glucosamine Chondroitin Sulfate Plus MSM Capsules are specially formulated with a special combination of pure glucosamine sulfate, chondroitin sulfate, OptiMSM® an active form of sulfur, plus vitamin C from Identity-Preserved (IP) L-ascorbic acid. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

OptiMSM® is a registered trademark of Bergstrom Nutrition, Inc.

♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by
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Bluebonnet®



Glucosamine Chondroitin Plus MSM

Bone & Joint Formula♦
Dietary Supplement
180 Vegetable Capsules



Supplement Facts

Serving Size 3 Capsules

Servings Per Container 60

Amount Per Serving		% Daily Value
Vitamin C (as L-ascorbic acid)	500 mg	556
Glucosamine Sulfate (from crustacean shellfish)	1000 mg	*
Chondroitin Sulfate	500 mg	*
MSM (methylsulfonylmethane)	500 mg	*

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable magnesium stearate, vegetable cellulose.

Contains: Crustacean shellfish
(crab, lobster, shrimp)

Free of milk, egg, fish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice and sugar.