

**Directions:** As a dietary supplement, take two caplets once daily or as directed by a healthcare practitioner.

**Bluebonnet's Power Thought® Caplets** are scientifically formulated with a powerful spectrum of highly advanced nutrients, including phosphatidylserine and phosphatidylcholine, two highly concentrated complexes derived from natural soy lecithin. Also, formulated with L-glutamine, L-tyrosine, taurine, pyroglutamic acid, DMAE and ginkgo biloba leaf extract. Available in easy-to-swallow caplets.

**Contains: Soybeans**

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of corn, yeast, gluten, barley, rice and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Manufactured by

**Bluebonnet Nutrition Corporation**

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# Bluebonnet®



# Power Thought®

Phosphatidylserine Formula  
Dietary Supplement  
**30 Caplets**



## Supplement Facts

Serving Size 2 Caplets

Servings Per Container 15

| Amount Per Serving                                                            |        | % Daily Value |
|-------------------------------------------------------------------------------|--------|---------------|
| Calcium (as calcium phosphate)                                                | 180 mg | 14            |
| Vitamin B <sub>6</sub> (as pyridoxine HCl)                                    | 25 mg  | 1471          |
| Vitamin B <sub>12</sub> (as cyanocobalamin)                                   | 25 mcg | 1042          |
| Pantothenic Acid (as calcium D-pantothenate)                                  | 25 mg  | 500           |
| L-Glutamine                                                                   | 125 mg | *             |
| Pyroglutamic acid                                                             | 125 mg | *             |
| DMAE (dimethylaminoethanol)                                                   | 100 mg | *             |
| Phosphatidylcholine Complex                                                   | 100 mg | *             |
| Phosphatidylserine Complex                                                    | 100 mg | *             |
| L-Tyrosine                                                                    | 100 mg | *             |
| Taurine                                                                       | 80 mg  | *             |
| Ginkgo Biloba Leaf Extract<br>(supplying 24% [9.6 mg] ginkgo flavoglycosides) | 40 mg  | *             |

\* Daily Value not established.

Other ingredients: Vegetable cellulose, vegetable magnesium stearate, calcium phosphate, vegetable glaze, silica.

Minerals are shown in their elemental value.