

**Directions:** As a dietary supplement, take three capsules once daily, preferably with a meal or as directed by a healthcare practitioner.

**Bluebonnet's Glucosamine Chondroitin Sulfate Plus MSM Capsules** are specially formulated with a special combination of pure glucosamine sulfate, chondroitin sulfate, OptiMSM® an active form of sulfur, plus vitamin C from Identity-Preserved (IP) L-ascorbic acid. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

OptiMSM® is a registered trademark of Bergstrom Nutrition, Inc.

♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by  
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# Bluebonnet®



# Glucosamine Chondroitin Plus MSM

Bone & Joint Formula♦  
Dietary Supplement

**120 Vegetable Capsules**



## Supplement Facts

Serving Size 3 Capsules

Servings Per Container 40

| Amount<br>Per Serving                              |         | % Daily<br>Value |
|----------------------------------------------------|---------|------------------|
| Vitamin C (as L-ascorbic acid)                     | 500 mg  | 556              |
| Glucosamine Sulfate<br>(from crustacean shellfish) | 1000 mg | *                |
| Chondroitin Sulfate                                | 500 mg  | *                |
| MSM<br>(methylsulfonylmethane)                     | 500 mg  | *                |

\* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable magnesium stearate, vegetable cellulose.

**Contains: Crustacean shellfish (crab, lobster, shrimp)**

**Free** of milk, egg, fish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice and sugar.