

ENERGY



integrated health

Naturally driven for long lasting health.

Specially created for adults over 50, ABC Plus Senior comes in a convenient one per day dose and features over 20 nutrients for overall health and wellness.* ABC Plus Senior contains high potency vitamins and antioxidants that help fight cell-damaging free radicals in the body.*

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish.

Manufactured By
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ENERGY



ABC Plus Senior

IRON FREE FORMULA

Multivitamin / Multimineral Supplement

For Adults
50+SUPPORTS
HEART HEALTH*

100 CAPLETS DIETARY SUPPLEMENT **MADE IN USA**

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Vitamin A Acetate and 40% as Beta-Carotene)	2,500 IU 50%	Magnesium (as Magnesium Oxide)	50 mg 13%
Vitamin C (as Ascorbic Acid)	60 mg 100%	Zinc (as Zinc Oxide)	11 mg 73%
Vitamin D (as D3 Cholecalciferol)	500 IU 125%	Selenium (as Sodium Selenate)	55 mcg 79%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	50 IU 167%	Copper (as Cupric Sulfate)	0.5 mg 25%
Vitamin K (as Phytanadione)	30 mcg 38%	Manganese (as Manganese Sulfate)	2.3 mg 115%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg 100%	Chromium (as Chromium Picolinate)	45 mcg 38%
Riboflavin (Vitamin B-2)	1.7 mg 100%	Molybdenum (as Sodium Molybdate)	45 mcg 60%
Niacin (as Nicotinamide)	20 mg 100%	Chloride (as Potassium Chloride)	72 mg 2%
Vitamin B-6 (as Pyridoxine Hydrochloride)	3 mg 150%	Potassium (as Potassium Chloride)	80 mg 2%
Folic Acid	400 mcg 100%	Boron (as Boric Acid and Sodium Borate)	150 mcg **
Vitamin B-12 (as Cyanocobalamin)	25 mcg 417%	Nickel (as Nickel Sulfate)	5 mcg **
Biotin (as d-Biotin)	30 mcg 10%	Silicon (as Silicon Dioxide)	2 mg **
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 100%	Vanadium (as Sodium Metavanadate)	10 mcg **
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	220 mg 22%	Lutein	250 mcg **
Phosphorus (as Dicalcium Phosphate)	20 mg 2%	Lycopene	300 mcg **
Iodine (as Potassium Iodide)	150 mcg 100%		

**Daily Value not established.

Other Ingredients:

Vegetable Cellulose, Gelatin. Contains <2% of: Crospovidone, FD&C Blue #2 Lake, FD&C Red #40 Lake, FD&C Yellow #6 Lake, Starch, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Directions:

For adults, take one (1) caplet daily, preferably with a meal.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.

TAMPER RESISTANT: DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

