

Directions: As a dietary supplement, take three capsules once daily or as directed by a healthcare practitioner.

Bluebonnet's Vegetarian Glucosamine MSM (Shellfish-Free) Capsules contain a complementary, truly vegetarian blend of glucosamine hydrochloride Regenasure[®], derived from corn and pure patented OptiMSM[®]. This formula provides a unique fermentation-derived glucosamine produced from a vegetable source (corn). Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Manufactured by
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60 Vegetable Capsules

Bluebonnet



Vegetarian Glucosamine MSM

**(Shellfish-Free)
Dietary Supplement**



Supplement Facts

Serving Size 3 Capsules Servings Per Container 20

Amount Per Serving		% Daily Value
Vegetable Glucosamine HCl	1500 mg	*
MSM (methylsulfonylmethane)	1000 mg	*

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable magnesium stearate, vegetable cellulose, silica.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice and sugar.

OptiMSM[®] is a registered trademark of Bergstrom Nutrition, Inc.

Regenasure[®] is a registered trademark of Cargill, Inc.
Bluebonnet's KOF-K Certification #K-0000700