SUGGESTED USE Consume one or more capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of ANDREW LESSMAN'S multi-vitamin-mineral formulas.

For answers to questions about the use of this product, call 800.808.7311.

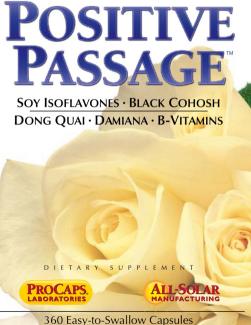
CAUTION Do not use this product if pregnant or lactating.



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605790-03L



Andrew Lessman's POSITIVE PASSAGE delivers the highest quality standardized extracts of phytonutrients and complementary nutrients to help support a healthy response and maintain a natural balance during and throughout the "change of life". It is designed to naturally support a woman's coping with the numerous manifestations of these changes. Positive Passage brings together ingredients that have been tested by time and used throughout the world. Dong Quai is an ancient herb highly prized and regarded for its impact on the manifestations of "change of life" in traditional Oriental medicine. Another herb, Black Cohosh, although originally used by the Native Americans, is now the most popular "change of life" product used in Germany.

We also include the herb Vitex Agnus Castus, which, along with Black Cohosh, is recognized by the German Commission E Monographs as "indicated and approved" for "change of life manifestations. Positive Passage also supplies a standardized extract of Soy since the natura phytoestrogens derived from Soy have been employed for centuries in Asia to naturally support and balance a woman's hormone levels We have combined these renowned, traditiona herbs with synergistic B-Complex vitamins and Magnesium to further enhance the beneficia

properties of Positive Passage. These statements have not been evaluated by the Food and Drug Administratio This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

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	Serving Size 1 Capsule Servings I	Per Contain	er 360
IS	Amount Per Serving		%DV*
"	Vitamin B6 (as pyridoxine hydrochloride)	20 mg 1	,000%
S	Vitamin B12	50 mcg	833%
al	(as methylcobalamin - protected Coenzym	e B12)	
	Pantothenic Acid (as calcium pantothenate)	30 mg	300%
n	Magnesium (as magnesium oxide)	100 mg	25%
ly	Soybean, extract (ultra-concentrate)	50 mg	†
s.	standardized to 40% isoflavones		
al	Black Cohosh, extract (root)	50 mg	†
d	standardized to 2.5% triterpenes		
-	Damiana, powder (leaf) 5:1 concentrate	50 mg	
al	Dong Quai, extract (root)	25 mg	†
	standardized to 1% ligustilide		
on.	Vitex Agnus Castus, extract (fruit)	25 mg	†
	standardized to 5% flavonoids		
	* Percent Daily Values (%DV) are based on a 2 000 ca	lorie diet	

Other Ingredients: Natural plant cellulose (acid resistant) vegetarian capsule, Proprietary Protective Methyl B12 Matrix.

Daily Value not established