Directions: As a dietary supplement, take two vegetarian softgels once daily, preferably with a meal or as directed by a healthcare practitioner.

Bluebonnet's Natural Omega-3 Kosher Fish Oil Vegetarian Softgels supply EPA, DHA and DPA from Kosher-certified fish oil in a natural triglyceride form for enhanced bioavailability, as well as with natural preservatives, rosemary extract and non-GMO tocopherols, for greater stability. This fish oil is derived from deep sea, cold water fish wild caught off the coast of Peru, which are not treated with hormones or antibiotics. Since it is sustainably harvested by Peruvian fisheries that are tightly regulated, the fish populations and environment are protected for generations to come. In addition, this fish oil is steam distilled as a part of a four-step purification process, and has been 3rd party tested by an independent, CgMP-registered laboratory using AOAC international protocols for purity and potency. Available in easy-to-swallow, kosher-certified vegetarian softgels for maximum assimilation and absorption.

Manufactured for Bluebonnet Nutrition Corporation 12915 Dairy Ashford Sugar Land, TX 77478 USA



CAUTION: Please consult with your healthcare practitioner prior to using this product if you are using blood thinners or anticipate surgery.

Bluebonnet





Omega-3

KOSHER FISH OIL

NATURAL TRIGLYCERIDE FORM



Dietary Supplement 7

120 Vegetarian Softgels



Supplement Facts

	Serving Size 2 Vegetarian Softgels	els Serving Per Container 6	
Ē	Amount Per Serving		%Daily Value
	Calories	20	
	Total Fat	2 g	3
	Saturated fat	0.6 g	
	Polyunsaturated fat	0.6 g	
	Monounsaturated fat	0.5 g	
	Fish Oil	2000 mg	*
	Total Omega 3 Fatty Acids	580 mg	*
	EPA (eicosapentaenoic acid)	370 mg	*
	DHA (docosahexaenoic acid)	120 mg	*
	DPA (docosapentaenoic acid)	30 mg	*
	Percent Daily Values based on a 2 000 calorie diet		

Other ingredients: Soluble food starch, glycerin, sea vegetable extract, purified water, non-GMO sorbitol, rosemary extract, non-GMO tocopherols (natural preservatives).

Contains: Fish (anchovies, sardines), soybeans

*Daily Value not established

Free of milk, egg, crustacean shellfish, tree nuts, peanuts and wheat

Also free of yeast, gluten, barley, rice, sodium and sugar. Bluebonnet's KOF-K Certification #K-0000700