

Directions: As a dietary supplement, take two vegetarian softgels once daily, preferably with a meal or as directed by a healthcare practitioner.

Bluebonnet's Natural Omega-3 Kosher Fish Oil Vegetarian Softgels supply EPA, DHA and DPA from kosher-certified fish oil in a natural triglyceride form for enhanced bioavailability, as well as with natural preservatives, rosemary extract and non-GMO tocopherols, for greater stability. This fish oil is derived from deep sea, cold water fish wild caught off the coast of Peru, which are not treated with hormones or antibiotics. Since it is sustainably harvested by Peruvian fisheries that are tightly regulated, the fish populations and environment are protected for generations to come. In addition, this fish oil is steam distilled as a part of a four-step purification process, and has been 3rd party tested by an independent, cGMP-registered laboratory using AOAC international protocols for purity and potency. Available in easy-to-swallow, kosher-certified vegetarian softgels for maximum assimilation and absorption.

Manufactured for
Bluebonnet Nutrition Corp
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CAUTION: Please consult with your healthcare practitioner prior to using this product if you are using blood thinners or anticipate surgery.



Bluebonnet



Natural Omega-3

KOSHER FISH OIL

NATURAL TRIGLYCERIDE FORM



Dietary Supplement
60 Vegetarian Softgels



Supplement Facts

Serving Size 2 Vegetarian Softgels

Serving Per Container 30

Amount Per Serving		%Daily Value
Calories	20	
Total Fat	2 g	3
Saturated fat	0.6 g	
Polyunsaturated fat	0.6 g	
Monounsaturated fat	0.5 g	
Fish Oil	2000 mg	*
Total Omega 3 Fatty Acids	580 mg	*
EPA (eicosapentaenoic acid)	370 mg	*
DHA (docosahexaenoic acid)	120 mg	*
DPA (docosapentaenoic acid)	30 mg	*

Percent Daily Values based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Soluble food starch, glycerin, sea vegetable extract, purified water, non-GMO sorbitol, rosemary extract, non-GMO tocopherols (natural preservatives).

Contains: Fish (anchovies, sardines), soybeans

Free of milk, egg, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700