SUGGESTED USE Consume one or two capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of ANDREW LESSMAN'S multi-vitamin-mineral formulas. For answers to questions about

the use of this product, call



CINNAMON 350 350 MG STANDARDIZED EXTRACT SUPPORTS HEALTHY GLUCOSE METABOLISM

DIETARY SUPPLEMENT

360 Easy-to-Swallow Capsules

MANUFACTURING

CONTAINS NO ADDITIVES OF ANY KIND.

Andrew Lessman's CINNAMON 350 offers a unique concentrated blend of standardized extracts of Cinnamon Bark delivering the powerful protective compounds naturally present in this popular and respected spice. For centuries, Cinnamon has been sought after, not only for its distinctive flavor, but also for its health-promoting properties. In fact, Cinnamon remains one of the oldest herbal remedies used in traditional Chinese medicine. Recently, Cinnamon has gained popularity for its ability to help support healthy blood sugar balance and glucose metabolism. Research attributes these benefits to the powerful activity of the Type-A polyphenols present in Cinnamon Bark Extract. Our Cinnamon 350 delivers a comprehensive standardized blend of Type-A polymers from three unique Cinnamon extracts. As with all plant-based supplements, there is more to making a quality Cinnamon product than placing some ordinary, powdered Cinnamon **Supplement Facts**

Serving Size 1 Capsule

extract/powder (bark)

4:1 Concentrate

standardized to 8% Flavones

standardized to 3% Type A Polymers

(as calcium ascorbate/ascorbyl palmitate)

Cinnamon Bark Blend (Cinnamomum cassia) 350 mg

Amount Per Serving

Vitamin C

into a pill. To receive the benefits of Cinnamon. one must always seek standardized extracts of Cinnamon Bark delivering beneficial levels of their key protective compounds. Our unique, concentrated blend of three distinct standardized extracts of Cinnamon Bark assures the most comprehensive and broadest spectrum protection from this remarkable natural ingredient.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol

* Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established. color, preservative, common allergens or manufacturing additives.

Other Ingredients: Natural plant cellulose (acid resistant) vegetarian capsule.

Servings Per Container 360

200 mg

100 mg

50 mg

%DV*

30 mg 50%