

Directions: As a dietary supplement, take 1/2 teaspoon daily with water or as directed by a healthcare practitioner.

Bluebonnet's MSM Powder provides pure patented **OptiMSM®** methylsulfonylmethane, a non-toxic form of active sulfur. Bluebonnet's MSM Powder is all natural and tested in our own state-of-the art laboratory for purity and potency. Available in easy-to-mix powder for maximum assimilation and absorption.

Manufactured by
Bluebonnet Nutrition Corporation
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Bluebonnet®



MSM Powder

Patented Methylsulfonylmethane Sulfur
Dietary Supplement

8 OZ (226 g)



Supplement Facts

Serving Size 1/2 Teaspoon (2.6 g)
Servings Per Container 88

Amount Per Serving	% Daily Value
MSM (methylsulfonylmethane)	2600 mg *

* Daily Value not established.

Other ingredients: None.

Free of milk, egg, fish, crustacean shellfish, tree nuts, wheat, peanuts and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

OptiMSM® is a registered trademark of Cardinal Nutrition, Inc.

