

**BCAA+G RELOAD™** is the ultimate muscle recovery formula designed for athletes and active individuals who want to minimize muscle soreness.\*\* This precise ratio of Branched Chain Amino Acids (BCAAs), L-Glutamine and Beta-Alanine in our super soluble form provides superior absorption and nitrogen retention (muscle rebuilding nutrients).\*\* Take **BCAA+G RELOAD™** during and after exercising to maintain all your hard-earned lean muscle mass or in-between meals (when dieting or calorie restricted) to maintain metabolic rate and energy.\*\*

- Supports muscle recovery\*\*
- Reduces fatigue and muscle soreness\*\*
- Helps promote lean body mass\*\*
- Provides increases in strength and power\*\*
- Tastes great with No artificial flavors, colors or sweeteners

\*\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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# RELOAD™ BCAA+G POST-WORKOUT RECOVERY

All Natural  
Flavor

Reduces Fatigue  
& Muscle Soreness\*\*

Fermented  
BCAA+G



WATERMELON



NET WT 11.6 oz (330 g)  
DIETARY SUPPLEMENT

**Directions:** Add 3 level scoops to 10-14 ounces of water and mix well.

## Supplement Facts

Serving Size 3 Scoops (approx. 13.8 grams)  
Servings Per Container - 24

|                             | Amount Per Serving | % Daily Value* |
|-----------------------------|--------------------|----------------|
| Calories                    | 10                 |                |
| Total Fat                   | 0g                 | 0%             |
| Trans Fat                   | 0g                 | †              |
| Cholesterol                 | 0mg                | 0%             |
| Sodium                      | 100mg              | 4%             |
| Total Carbohydrate          | 2g                 | <1%            |
| Dietary Fiber               | 0g                 | 0%             |
| Sugar                       | 0g                 | †              |
| Vitamin B6 (Pyridoxine HCl) | 2mg                | 100%           |
| L-Leucine (Fermented)       | 3500mg             | †              |
| L-Glutamine (Fermented)     | 2000mg             | †              |
| CarnoSyn® Beta-Alanine      | 1600mg             | †              |
| L-Isoleucine (Fermented)    | 1500mg             | †              |
| L-Valine (Fermented)        | 1000mg             | †              |

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

**Other Ingredients:** Natural Watermelon Flavor, Citric Acid, Red Beet Powder, Stevia Leaf Extract, Salt, Silicon Dioxide, Monk Fruit Extract, and Trehalose.

Contains **NO** added milk, egg, soy, peanut, tree nut, fish, shellfish, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that processes other products that can contain milk or egg.

**WARNING:** Due to the beta-alanine content this product may cause a harmless tingling or flushing sensation.



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