

Directions: As a dietary supplement, take one softgel daily or as directed by a healthcare practitioner.

Bluebonnet's Evening Primrose Oil 1300 mg Softgels contain a pure oil from the seed of the evening primrose plant. Our oil is naturally squeezed by a process known as cold pressing, thus providing essential fatty acids including GLA. No heat, solvents or chemicals (i.e., **hexane free**) are used in the extraction process. Available in easy-to-swallow softgels for maximum assimilation and absorption.

Manufactured for
Bluebonnet Nutrition Corporation
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Bluebonnet



Evening Primrose Oil

1300 mg (GLA 135 mg)
Dietary Supplement
30 Softgels



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Evening Primrose Oil	1300 mg	*
Linoleic Acid	941 mg†	*
Gamma Linolenic Acid	135 mg†	*
Oleic Acid	78 mg†	*

* Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

†Fatty acid content is based on an average; amounts may vary.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.