

**Directions:** As a dietary supplement, take one softgel daily or as directed by a healthcare practitioner.

**Bluebonnet's Evening Primrose Oil 500 mg Softgels** contain a pure oil from the seed of the evening primrose plant. Our oil is naturally squeezed by a process known as cold pressing, thus providing essential fatty acids including GLA. No heat, solvents or chemicals (i.e., **hexane free**) are used in the extraction process. Available in easy-to-swallow softgels for maximum assimilation and absorption.

Manufactured for  
**Bluebonnet Nutrition Corporation**  
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# Bluebonnet



# Evening Primrose Oil

500 mg (GLA 50 mg)  
Dietary Supplement  
**100 Softgels**



## Supplement Facts

Serving Size 1 Softgel

| Amount Per Serving   |         | % Daily Value |
|----------------------|---------|---------------|
| Evening Primrose Oil | 500 mg  | *             |
| Linoleic Acid        | 370 mg† | *             |
| Gamma Linolenic Acid | 50 mg†  | *             |
| Oleic Acid           | 25 mg†  | *             |

\* Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water. †Fatty acid content is based on an average; amounts may vary.

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.