

BCAA+G RELOAD™ is the ultimate muscle recovery formula designed for athletes and active individuals who want to minimize muscle soreness.** This precise ratio of Branched Chain Amino Acids (BCAAs), L-Glutamine and Beta-Alanine in our super soluble form provides superior absorption and nitrogen retention (muscle rebuilding nutrients).** Take **BCAA+G RELOAD™** during and after exercising to maintain all your hard-earned lean muscle mass or in-between meals (when dieting or calorie restricted) to maintain metabolic rate and energy.**

- Supports muscle recovery**
- Reduces fatigue and muscle soreness**
- Helps promote lean body mass**
- Provides increases in strength and power**
- Tastes great with NO artificial flavors, colors or sweeteners

** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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RELOAD™
BCAA+G
POST-WORKOUT RECOVERY

Natural
Flavor

Reduces Fatigue
& Muscle Soreness**

Fermented
BCAA+G



WATERMELON



NET WT 29.6 oz (840 g)
DIETARY SUPPLEMENT

Directions: Add 3 level scoops to 10-14 ounces of water and mix well.

Supplement Facts

Serving Size 3 Scoops (approx. 13.8 grams)
Servings Per Container 60

	Amount Per Serving	% Daily Value*
Calories	10	
Total Fat	0g	0%
Trans Fat	0g	†
Cholesterol	0mg	0%
Sodium	100mg	4%
Total Carbohydrate	2g	<1%
Dietary Fiber	0g	0%
Sugar	0g	†
Vitamin B6 (Pyridoxine HCl)	2mg	100%
L-Leucine (Fermented)	3,500mg	†
L-Glutamine (Fermented)	2,000mg	†
CarnoSyn® Beta-Alanine	1,600mg	†
L-Isoleucine (Fermented)	1,500mg	†
L-Valine (Fermented)	1,000mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Natural Watermelon Flavor, Citric Acid, Red Beet Root Powder, Stevia Leaf Extract, Salt, Silicon Dioxide, Monk Fruit Extract, and Trehalose.

Contains **NO** added milk, egg, soy, peanut, tree nut, fish, shellfish, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that processes other products that can contain milk or egg.

WARNING: Due to the beta-alanine content this product may cause a harmless tingling or flushing sensation.



Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.



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