

BCAA+G RELOAD™ is the ultimate muscle recovery formula designed for athletes and active individuals who want to minimize muscle soreness.** This precise ratio of Branched Chain Amino Acids (BCAAs), L-Glutamine and Beta-Alanine in our super soluble form provides superior absorption and nitrogen retention (muscle rebuilding nutrients).** Take **BCAA+G RELOAD™** during and after exercising to maintain all your hard-earned lean muscle mass or in-between meals (when dieting or calorie restricted) to maintain metabolic rate and energy.**

- Supports muscle recovery**
- Reduces fatigue and muscle soreness**
- Helps promote lean body mass**
- Provides increases in strength and power**
- Tastes great with NO artificial flavors, colors or sweeteners

** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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RELOAD™
BCAA+G
POST-WORKOUT RECOVERY

Natural
Flavor

Reduces Fatigue
& Muscle Soreness**

Fermented
BCAA+G



LEMONADE



NET WT 29.6 oz (840 g)
DIETARY SUPPLEMENT

Directions: Add 3 level scoops to 10-14 ounces of water and mix well.

Supplement Facts

Serving Size 3 Scoops (approx. 13.8 grams)
Servings Per Container 60

	Amount Per Serving	% Daily Value*
Calories	10	
Total Fat	0g	0%
Trans Fat	0g	†
Cholesterol	0mg	0%
Sodium	100mg	4%
Total Carbohydrate	2g	<1%
Dietary Fiber	0g	0%
Sugar	0g	†
Vitamin B6 (Pyridoxine HCl)	2mg	100%
L-Leucine (Fermented)	3,500mg	†
L-Glutamine (Fermented)	2,000mg	†
CarnoSyn® Beta-Alanine	1,600mg	†
L-Isoleucine (Fermented)	1,500mg	†
L-Valine (Fermented)	1,000mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Natural Lemonade Flavor, Citric Acid, Stevia Leaf Extract, Salt, Silicon Dioxide, Monk Fruit Extract, and Trehalose.

Contains NO added milk, egg, soy, peanut, tree nut, fish, shellfish, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that processes other products that can contain milk or egg.

WARNING: Due to the beta-alanine content this product may cause a harmless tingling or flushing sensation.



Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.



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