SUGGESTED USE Consume one or more capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of ANDREW LESSMAN'S multivitamin-mineral formulas. For answers to questions about the use of this product, call





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COMPLETE **TOCOTRIENOLS** with GAMMAVITAMIN E™

COMPREHENSIVE · BALANCED



240 Easy-to-Swallow Capsules

ALL-SOLAR

MANUFACTURING

Andrew Lessman's COMPLETE TOCOTRIENOLS is the most comprehensive Vitamin E formula possible delivering the full complement of all eight naturally occurring forms of Vitamin E both the well-known Tocopherols and the hard-to-find Tocotrienols. Our Complete Tocotrienols is a naturally balanced formula containing high levels of Vitamin E as Alpha, Beta, Gamma and Delta Tocotrienol; as well as Alpha, Beta, Gamma and Delta Tocopherol. Our Complete Tocotrienols is uniquely balanced to focus on Gamma Tocotrienol and Gamma Tocopherol – by far the most active and protective forms of Vitamin E. Unfortunately, most Tocopherol-based Vitamin E supplements ignore Mother Nature's blueprint by delivering Alpha Tocopherol only (often synthetic) and absolutely no Gamma Tocopherol or Tocotrienol at all. Even more advanced Tocotrienol supplements reduce their efficacy and benefits with high levels of Alpha Tocopherol. Sadly, most Americans unknowingly use ineffective Vitamin E supplements that ignore the research and bear no resemblance to the Vitamin E found in nature. Our Complete Tocotrienols is both perfectly comprehensive and ideally balanced focusing on Mother Nature's most beneficial and protective forms of Vitamin E that are sadly, absent from typical Vitamin E supplements. It is difficult to achieve an adequate intake of Vitamin E from foods, but it is even more difficult to find a Vitamin E supplement like our Complete Tocotrienols that respects your needs and Mother Nature's clear blueprint. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND.

Supplement Facts Serving Size 1 Softgel Servings Per Container 240 **Amount Per Serving** Natural Vitamin E Complex 210 mg Total Natural Tocotrienols 70 mg as natural d-gamma tocotrienol 35 mg as natural d-alpha tocotrienol 25 mg as natural d-delta/d-beta tocotrienol 10 mg Total Natural Tocopherols 140 mg as natural d-gamma tocopherol 100 mg as natural d-alpha tocopherol 50 IU (34 mg) 170% as natural d-delta/d-beta tocopherol alpha-Linolenic Acid (Omega-3)(from flaxseed oil) 70 mg * Percent Daily Value (%DV) are based on a 2,000 calorie diet. † DV not established.

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin)