SUGGESTED USE Mix one or more scoops of Ultimate Whev Protein Isolate with any beverage. Ultimate Whey Protein Isolate mixes easily and is also neutral-tasting. It is fat-free, cholesterolfree and sugar-free and works perfectly with any wellness or weight-loss plan. This product is most effective as part of a healthy diet and active lifestyle, along with one of ANDREW LESSMAN'S multivitamin-mineral formulas. For answers to questions about the use of this product. call 800.808.7311.

**Notice:** This product is not a sole source of nutrition or stand-alone weight-loss product. This package is sold by weight not by volume. It contains the full weight indicated on the label Settling of contents can occur during shipment.

have not been evaluated by the Food and Drug Administration.



# ANDREW'S OWN° **ULTIMATE** WHEY PROTEIN **ISOLATE**

ALL NATURAL · NO SWEETENER · MIXES INSTANTLY

SUGAR-FREE · FAT-FREE · CHOLESTEROL-FREE · LOW SODIUM





19.6 oz (1.2 lb) (555 g) • 50 Servings

Andrew's Own ULTIMATE WHEY PROTEIN ISOLATE is the result of lactose. Whey Protein Isolate is more expensive than of Andrew's long search for the perfect whey protein. It contains *Concentrate*, but our *Isolate* ensures the highest levels of protein an ideal balance of amino acids and mixes easily – even without a blender. It does not contain undesirable amounts of carbohydrate, lactose, sugar, saturated fat, cholesterol or sodium. It is non-GMO (Not Genetically Modified) and certified Kosher and Halal. Andrew apologizes for the delay in creating balance of the highest quality protein for our most vital organs his own whey protein, but he knows that once you try it, you'll agree it was worth the wait.

Whey Protein is a dairy-based protein that is considered to be The high quality protein in this product is a dramatic contrast to among nature's best protein sources. It has long been used by

elite athletes as their preferred protein source for physical recovery and building muscle. The amino acid profile of our Whey Protein Isolate is almost identical to that of human muscle containing high levels of all the Essential and Branched Chain amino acids. Our Whey Protein Isolate is not just for athletes, but is for anyone at any age seeking to retain lean body tissue. In fact, research has shown that combining whey protein with weight training helps retain strength and lean body mass as we age.

Our Ultimate Whey Protein is made with ultra-pure Whey Protein Isolate. Its high level of purity cannot be achieved with inferior Whey Protein Concentrates. In fact, our Whey Protein Isolate ensures the highest levels of protein and is considered fat-free. sugar-free, cholesterol-free and low in sodium: and contains only trace amounts

**Typical Amino Acids** per serving (10g of Protein)

#### Fssential Amino Acids Isoleucine\* Leucine\* 1,010 mg 535 mg 150 mg 880 mg Lysine 200 mg Phenylalaning 280 mg 620 mg 170 mg

onditionally Essential Amino Acids		
Arginine	190 mg	
Cystine/Cysteine	225 mg	
Glycine	155 mg	
Glutamine/ Glutamic Acid	1,655 mg	
Tyrosine	260 mg	

## Non-Essential Amino Acids

Alanine 450 mg Aspartic Acid 1,015 mg 660 m 415 mg

and the virtual elimination of undesirable components.

Each serving of our Ultimate Whey Protein Isolate provides 10 grams of highly absorbable protein with a remarkable 4.5 grams of Essential and Branched Chain amino acids! It offers a perfect and all of the enzymes that perform our internal work - from energy and fat metabolism to creating beautiful hair and skin. the inferior protein in the typical American diet.

## Sunnlement Facts

Amount Per Serving		%DV
Calories	45	
Calories from fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans fat	0 g	
Cholesterol	0 mg	0%
Sodium	40 mg	2%
Total Carbohydrate	0 g	0%
Sugars	0 g	
Protein	10 g	20%
Whey Protein	10 g	
Calcium	40 mg	4%
Phosphorus	30 mg	3%
Magnesium	8 mg	2%

## Source of a negligible amount of cholesterol, saturated fat and sugar. Contains a Primary Ingredient Derived from Milk CONTAINS NO ADDITIVES OF ANY KIND.

Source of a negligible amount of fat and saturated fat

Andrew's Own Ultimate Whev Protein Isolate also offers a unique experience. Unlike typical whey protein, this product mixes instantly without clumps - even using a spoon. Also, once mixed, it stavs mixed and does not settle out. Best of all. its mild, neutral flavor will enhance and not ruin your favorite beverage or smoothie. In short. Andrew's Own Ultimate Whev Protein Isolate is the finest whey protein powder in all respects: Technically, Nutritionally and Aesthetically.

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