BCAA+G™ contains a precise, bioengineered ratio of Branched Chain Amino Acids (BCAAs) and L-Glutamine, which are clinically proven to be essential for building muscle size and strength.** **BCAA+G™** increases protein synthesis, nitrogen retention and most importantly, protects hard earned muscle from the stress of heavy training and intense exercise.** Clinical investigations have proven that the amino acids found in **BCAA+G™** help the body recover quicker after intense training and promote lean muscle gains, while reducing unwanted body fat.** Vitamin B6 has been added to enhance amino acid utilization directly into the muscle tissue.

During intense training or dieting, free amino acid pools (in muscle tissue) decrease, drastically reducing protein synthesis (the ability to build muscle). Research has indicated that BCAAs and Glutamine supplementation support this free amino acid pool in the muscle tissue, increasing protein synthesis and allowing the body to build lean muscle mass.** Because the body cannot manufacture its own BCAAs, their importance in the diet are vital for maximum muscle growth and recovery.**

BCAA+G™ is the **Ultimate Muscle Recovery** formula nutritionally engineered for today's serious athlete. This powerful, anti-catabolic formula promotes lean muscle gains, faster recovery and explosive energy to enhance any training regimen.**

****This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

6 09492 71026 _

Lot#
Best if used by:

1706V01

MRM®

FERMENTED

BCAA+G

Ultimate Muscle Recovery Formula
Enhanced with L-Glutamine

100% Micronized BCAA

CERTIFIED VEGAN
VEGAN.ORG

LEMONADE

NET WT 0.396 lbs (180 g)
DIETARY SUPPLEMENT

Suggested Usage: Take 3 scoops 2 times daily. 1 serving should be taken prior to exercise and 1 serving immediately following exercise. **PLEASE NOTE:** BCAA+G™ does not mix well in water and must be shaken or swirled prior to each drink. It is normal for BCAA+G™ to float on top of the water. Also, BCAA+G™ can be consumed as powder directly into the mouth and chased with water.

Elite Training Athletes: To enhance muscle strength and recovery from intense training best results are seen when BCAA+G™ is used before, during and immediately following training. For example: 3 scoops prior to training, 3 scoops during training and 3 scoops after training.

Supplement Facts

Serving Size 3 scoops (approx 6.5 grams)
Servings Per Container 27

	Amount Per Serving	% Daily Value*
Vitamin B6 (Pyridoxine HCl)	2mg	100%
L-Leucine	2,500mg	†
L-Valine	1,500mg	†
L-Isoleucine	1,000mg	†
L-Glutamine	1,000mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Natural Lemonade Flavor, Citric Acid, Stevia Leaf Extract, and Monk Fruit Extract.

Contains **NO** added milk, egg, soy, peanut, tree nut, fish, shellfish, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that processes other products that contain milk, egg or soy.

PRODUCED IN A CERTIFIED FACILITY
GMP
GOOD MANUFACTURING PRACTICES

Formulated by & Manufactured for: MRM
2665 Vista Pacific Dr. • Oceanside, CA 92056 USA
www.mrm-usa.com • 1-800-948-6296