

RelaXitrol® is the natural solution for stress management and maximizing your potential for deep, restful sleep. Formulated using the most powerful ingredients that nature has to offer, RelaXitrol is designed to help reduce anxiety, promote relaxation, improve REM sleep and therefore restore natural sleep patterns. It also helps optimize natural hormone output and aids in immune system health to create a complete, restorative formula.[†]



Help reduce anxiety and tension during times of stress[†]



Promotes deep sleep and restoration of healthy sleep patterns[†]



Optimizes natural testosterone, thyroid & HGH output[†]



All natural and non-habit forming formula[†]



WARNING: KEEP OUT OF REACH OF CHILDREN. Do not exceed recommended dose. Consumer must be at least 18 years of age to purchase and/or use this product. Consult your physician prior to using this product or any supplement if you are pregnant, nursing, taking medication, have sleep apnea, narcolepsy or other related sleep disorders. Do not drive or operate heavy machinery after taking this product. Absolutely DO NOT consume with alcohol, prescription or over the counter medication including but not limited to sleep aids, opiates, or anti-depressants. Do not take this product if you are at risk or are being treated for any pre-existing medical condition including but not limited to high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease or disorders, diabetes, difficulty urinating due to prostate enlargement or if you are taking an MAOI inhibitors (MAOI). Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Discontinue use 2 weeks prior to surgery.

CALIFORNIA RESIDENTS ONLY:

WARNING: Consuming this product can expose you to chemicals including [lead and cadmium], which is [are] known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P05Warnings.ca.gov/food.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FPO

.5"x.875"

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RD417A



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Manufactured and Distributed for
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Fort Lauderdale, FL

For More Information:

1-800-626-1022

www.metabolenutrition.com

RELAXITROL®

Relaxation and Sleep Catalyst[†]



- Promotes Relaxation & Restful Sleep[†]
- Optimizes Natural Hormone Levels[†]
- Boosts Metabolism & Recovery[†]
- Natural, Non-Habit Forming[†]

60 CAPSULES

DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 1 Capsule
Servings Per Container: 60

	Amount Per Serving	% DV
Relaxation & Sleep Matrix Proprietary Blend	596 mg	
Gotu Kola		..
L-Tryptophan		..
Magnesium Aspartate		..
Mucuna Pruriens (89% L-Dopa)		..
GABA (Gamma-Aminobutyric Acid)		..
L-Theanine		..
Zinc Aspartate		..
Melatonin		..
Black Pepper Extract (as Piper nigrum)		..

**Daily Values not established

OTHER INGREDIENTS: Gelatin, Silicon Dioxide, Magnesium Stearate, FD&C Blue #1, Titanium Dioxide, Tallon.

DIRECTIONS FOR USE



FOR RELAXATION: During times of high stress, take one (1) capsule of RelaXitrol[®].



FOR SLEEP: Start by assessing your tolerance with one (1) capsule of RelaXitrol 30 minutes prior to sleep. For maximum effect, the recommended serving is three (3) capsules on an empty stomach. Take RelaXitrol for a maximum of 5 consecutive days before taking 2 days off. Do not exceed more than three (3) capsules per day. For best results, allow for 6-8 hours of sleep after consuming and combine with a proper nutrition & training program.



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