

Directions: As a dietary supplement, take one vegetarian softgel daily, preferably with a meal or as directed by a healthcare practitioner.

Bluebonnet's Natural Omega-3 Vegetarian DHA 200 mg Vegetarian Softgels contain *life'sDHA™*, a vegetable-based docosahexaenoic acid (DHA) in a natural triglyceride form derived from marine algae. Available in easy-to-swallow vegetarian softgels for a truly vegetarian formula from the inside out.

Manufactured for
Bluebonnet Nutrition Corporation
12915 Dairy Ashford, Sugar Land, TX 77478 USA
www.bluebonnetnutrition.com



Bluebonnet

**Natural
Omega-3
Vegetarian
DHA 200 mg**

NATURAL TRIGLYCERIDE FORM



**Algal Oil
Dietary Supplement
30 Vegetarian Softgels**



Supplement Facts

Serving Size 1 Vegetarian Softgel

Amount Per Serving		% Daily Value
DHA	200 mg	*
(docosahexaenoic acid from algal oil)		

* Daily Value not established.

Other ingredients: Algal oil, soluble food starch, glycerin, high oleic sunflower oil, water, sea vegetable extract, sorbitol, ascorbyl palmitate, tocopherols, natural flavor, lecithin (sunflower), beta-carotene, natural caramel color.

Contains: Soybeans

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of yeast, gluten, barley, rice, sodium and sugar.

life'sDHA™ is a trademark of DSM.