

Directions: As a dietary supplement, take one capsule at the beginning of a meal or as directed by a healthcare practitioner.

Bluebonnet's Full Spectrum Optimum Enzymes® Capsules contain 100% plant-based enzymes to help break down a balanced diet of proteins, carbohydrates and fats. Plus, each vegetarian capsule contains anise for digestive comfort.♦

Bluebonnet's KOF-K Certification #K-0000700

Caution: Do not use in cases of stomach pain or ulcers.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for
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Bluebonnet®



Full Spectrum Optimum Enzymes®

Balanced Digestive Support♦
Dietary Supplement

n•zimes®



180 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Papain	(1.25 mil FCC PU)	25 mg *
Anise Seed Powder		22.5 mg *
Bromelain	(640,000 FCC PU)	21.3 mg *
Amylase	(2125 DU)	21 mg *
Protease 4.5	(7500 HUT)	12.5 mg *
CereCalase®	(200 MU)	10 mg *
Glucoamylase	(4.5 AGU)	10 mg *
Lipase	(93.8 FIP)	9.4 mg *
Cellulase	(150 CU)	3.8 mg *

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, beet root fiber, vegetable magnesium stearate.

Contains: Sulfites (papaya)

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, sodium and sugar.